



LINDON PARKS & RECREATION

INDOOR SOCCER

Lindon's Coed Indoor Soccer league focuses on passing, trapping, defending, shooting and sportsmanship. This 6 week league will include 5 season games and a practice game. 20-minute team practices will be held prior to 30-minute games.

Games will be held at the Lindon Community Center Gym (25 N Main St.) on Saturdays, between 9 am and 3 pm. This league has limited space and fills up fast. Sign up ASAP to guarantee your child's participation. Team jersey is provided. Tennis shoes/indoor soccer shoes and shin guards are required. Games will be played on a wooden gym floor.

REGISTRATION: JULY 1- SEPT 8 2021

AGES: 4-7 FEE: \$40

SEASON: SATURDAYS, OCT 2-NOV 13 NO GAME 10/16

COORDINATOR

HANNAH SILVEY: HSILVEY@LINDONCITY.ORG

801-769-8634

REGISTER



LINDON PARKS & RECREATION

BASKETBALL

Compete in a winter basketball league where the focus is learning fundamentals of basketball in a fun, low-pressure environment. The league will teach passing, shooting, dribbling and defense through weekly practices followed by Saturday games. Man-to-man defense will be implemented in this league. 3rd & 4th grades will utilize colored wristbands.

Most games and practices will be held at Oak Canyon Junior High. Practices will be either Wednesday or Thursday evenings pending on coaches schedule.

REGISTRATION: JULY 1- DEC 1 2021

GRADES: 3RD-6TH FEE: \$55

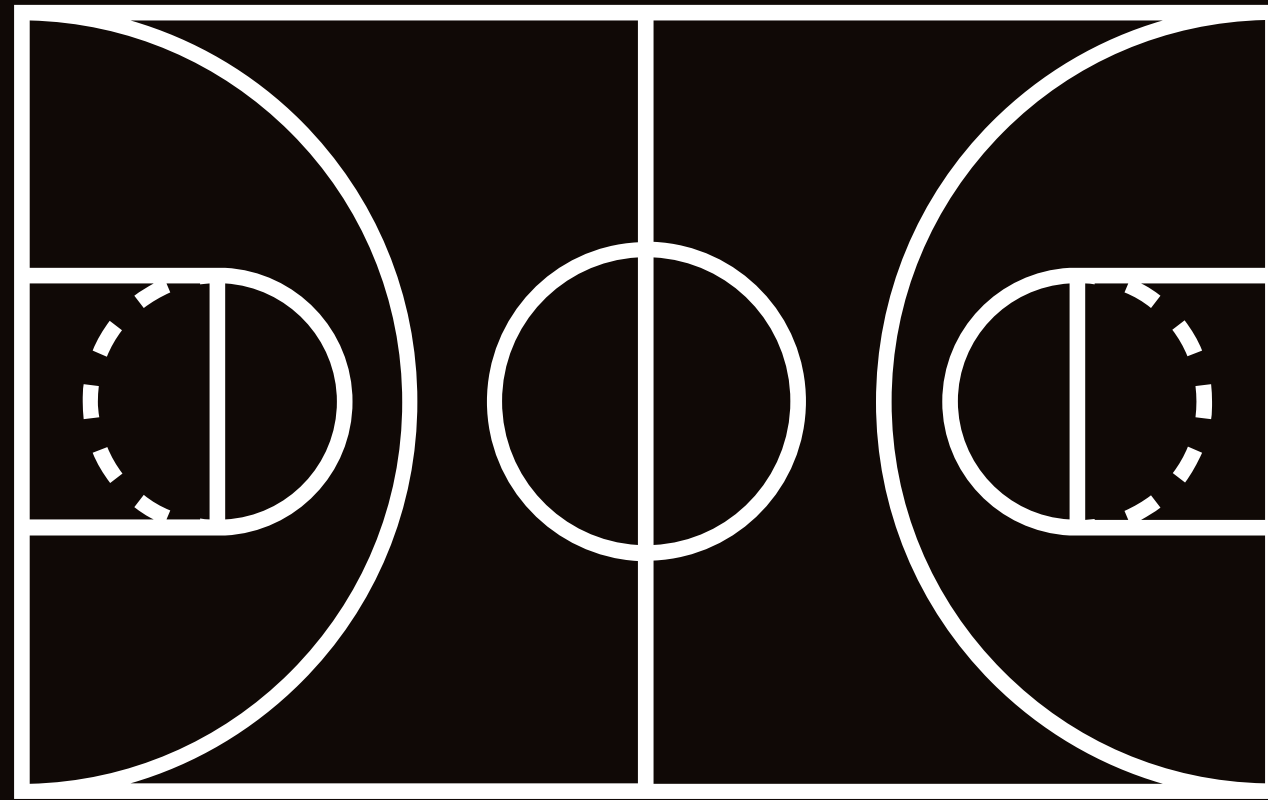
SEASON: SATURDAYS, JAN 8-FEB 26 NO GAME 2/19

COORDINATOR

BAYLEN NISSE: BNISSE@LINDONCITY.ORG

801-769-8633

REGISTER



LINDON PARKS & RECREATION

LITTLES BASKETBALL

We are excited to be offering basketball to our younger athletes again this year! This coed league will focus on passing, dribbling, shooting, and man-to-man defense (with colored wristbands) in a fun, low-pressure environment. This 6 week league will included 5 season games, and one practice game. 20-minute team practices will be held prior to 30-minute games. The league will be played on Tuesdays or Thursdays at either 4:30 PM, 5:30 PM and 6:30 PM. Location TBD.

REGISTRATION: JULY 1- DEC 1 2021

GRADES: K-2ND FEE: \$40

SEASON: TUES OR THURS, JAN 18-FEB 24

COORDINATOR

BAYLEN NISSE: BNISSE@LINDONCITY.ORG

801-769-8633

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LINDON PARKS & RECREATION

SPRING SOCCER

Sign your child up for Lindon's Spring Soccer league. We provide small-sided soccer leagues for kids Pre K-8th Grade. Field and team sizes are reduced to encourage increased skill development. These leagues are recreational. Scores and standing are not kept. Our recreational soccer league provides kids the opportunity to learn fundamentals such as basic rules, defense, passing, trapping & shooting.

Games will be held on Saturdays at Pioneer Park (150 S 500 E) for 2nd grade and younger. 3rd-8th grade games will be played at Pheasant Brook Park (400 N 800 W).

REGISTRATION: JAN 1- FEB 28 2022

AGES: 4-7 FEE: \$40-\$45

SEASON: SATURDAYS, APRIL 16-MAY 21

COORDINATOR

HANNAH SILVEY: HSILVEY@LINDONCITY.ORG

801-769-8634

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LINDON PARKS & RECREATION

LINDON BASEBALL

Sign your child up for Lindon Baseball! This is a recreational league that will teach players the fundamentals of baseball in fun low pressure environment. All leagues are COED. Games will be played twice a week on either Tues/Thurs or Weds/Fri. More information will become available closer to start date.

T-Ball: Ages 4-5 Coach Pitch: Ages 6-7 Machine Pitch: Ages 8-9

REGISTRATION: JAN 1-APRIL 27 2022

AGES: 4-9 FEE: \$40

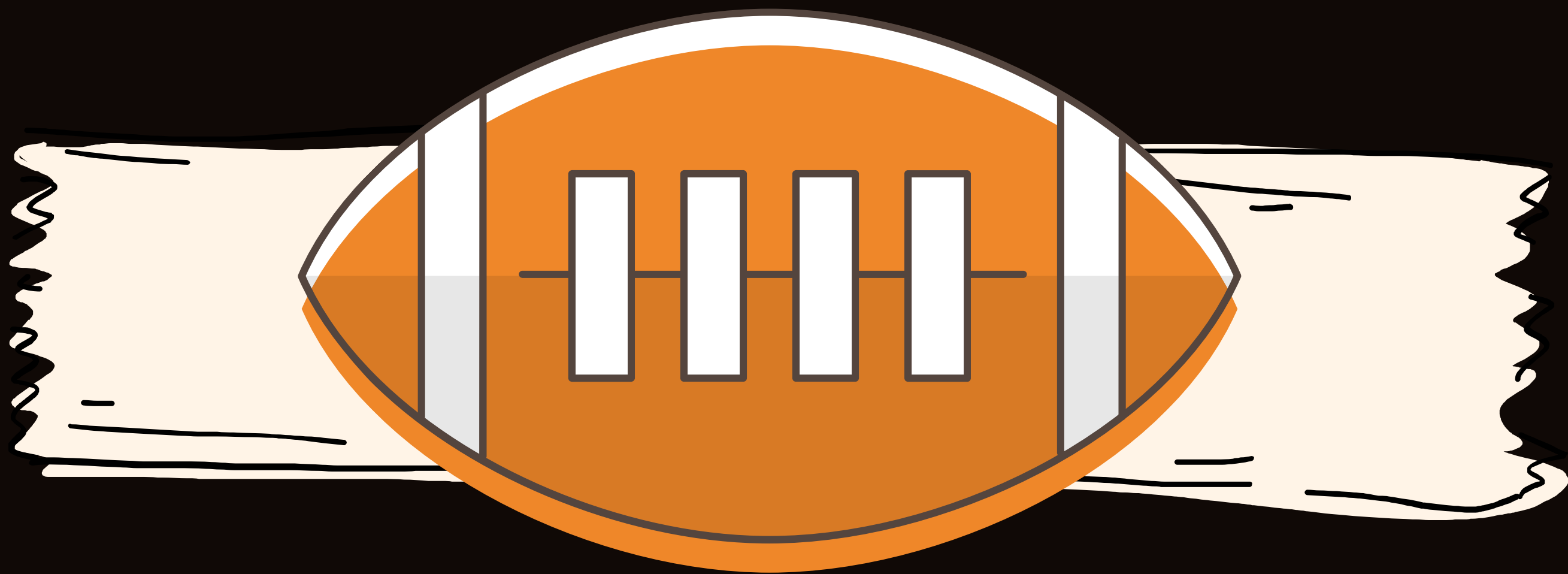
SEASON: TUES OR THURS, JUNE 14-JULY 8

COORDINATOR

BAYLEN NISSE: BNISSE@LINDONCITY.ORG

801-769-8633

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LINDON PARKS & RECREATION

FLAG FOOTBALL

Sign your kids up to participate in Lindon's Flag Football league. This small-sized league focuses on skill development and sportsmanship.

Field and team sizes are based on helping the players develop knowledge of the game, and focus on fundamentals of football. This league will provide an opportunity for players learn the basics such as lineups, play clocks, routes, and penalties. All leagues are recreational, scores and standings won't be kept.

Games will be played at Fryer Park on Saturdays. Weekly practice length and time will be at the coaches discretion.

REGISTRATION: JAN 1- JUNE 9 2022

AGES: 6-12 FEE: \$35

SEASON: SATURDAYS, JULY 30-AUG 27

COORDINATOR

BAYLEN NISSE: BNISSE@LINDONCITY.ORG

801-769-8633

REGISTER